

2025斯巴达勇士儿童赛

组别说明

儿童精英组：

1、年龄：9岁-14岁（出生于2011年—2016年，以身份证日期为准）

计算方法：2025 - 出生年份

2、参赛要求：精英组儿童只能独自通过障碍，家长和其他伙伴不能协助；无法通过障碍或犯规，将需要接受惩罚；精英组比赛将进行计时，男女前三名将颁发奖杯及奖品。

儿童公开组：

1、年龄：4岁-14岁（出生于2011年——2021年，以身份证日期为准）

计算方法：2025-出生年份）；

2、参赛要求：公开组儿童可接受家长或其他伙伴的协助通过障碍，若无法通过障碍或犯规，将需要接受15个波比跳作为惩罚；公开组不计时，并且不角逐名次。

年龄段	比赛距离	障碍数量
公开组 4—6	2.5km	16个障碍
公开组 7—9	3.5km	20个障碍
公开组 10-14	5km	24个障碍
精英组 9-14	5km	24个障碍

SPARTAN KIDS

Group Instruction

Elite Group:

1. Age: 9 years old - 14 years old (Born from 2011-2016, subject to the year of identification. Age= 2025-Year of Birth) ;
- 2 . Elite group children can only pass through the obstacles by themselves, parents and other partners are not allowed to help; Failure to pass an obstacle or a foul will require 15 burpees as punishment; The elite group will be timed. There are awards and trophy for the top 3 of elite girls and boys.

Open Group:

1. Age: 4 years old -14 years old (Born from 2011- 2021 , subject to the year of identification. Age= 2025- Year of Birth);
2. Children in open groups may receive assistance from parents or other partners through obstacles; Failure to pass an obstacle or a foul will require 15 burpees as punishment; The Open group is not timed. No awards in this group.

Age	Distance	Obstacles
Open 4-6	2.5km	16
Open 7-9	3.5km	20
Open 10-14	5km	24
Elite 10-14	5km	24